

Food Resource Center: At A Glance

Our Community Food Systems Development

Includes:

Emergency Food Cupboard Referrals and Management

Food Stamp Participation Program

Montco Nutrition Outreach!

SHARE

Commodity Supplemental Food Program

Senior Farmers' Market Nutrition Program

Norristown Farmers' Market

Food Resource Center

Emergency Food Cupboard

Referrals and Management

- CADCOM refers income eligible clients in Montgomery County to their local food cupboard.
- CADCOM monitors 26 food cupboards, 8 soup kitchens and 3 shelters to ensure all sites meet state and federal regulations.
- To find your local food cupboard contact Amina at 610-277-6363 x122/123

Food Stamp Participation

- CADCOM travels throughout the county helping eligible clients receive, and keep, food stamp benefits.
- For information or to apply for Food Stamps (SNAP), call Helen toll free at 1-877-223-2662 x140.

Montco Nutrition Outreach!

- CADCOM provides nutrition education to the low-income population of Montgomery County.
- Education includes:cupboard outreach, newsletter distribution, multiple nutrition and hands-on cooking classes, and cooking demonstrations.
- For info call Marcia x132 or Ann x143

Food Resource Center

SHARE

- Through this food co-op buying service, participants receive \$40-\$50 dollars worth of fresh fruits and vegetables, frozen meats and staples for just \$20.

Commodity Supplemental

Food Program

- This program provides income eligible seniors, as well children ages 5-6 who no longer receive WIC benefits, with a monthly box of nutritious USDA food.

Senior Farmers' Market

Nutrition Program

- This program provides income eligible seniors with a \$20 voucher that can be spent at participating Farmers' Markets.
- You can get, and use, your voucher at the Norristown Farmers' Market.

Norristown Farmers' Market

- Open Thursdays, 11am - 4:30 pm
June thru October.



Food Resource Center

CADCOM and Food Resource Center

CADCOM is designated by Montgomery County as the lead agency for the administration of emergency food programs in Montgomery County. The Food Resource Center distributes food to more than 30 food cupboards, soup kitchens and shelters through the State Food Purchase Program (SFPP) and The Emergency Food Assistance Program (TEFAP). At these sites, in addition to various others throughout the county, the Food Resource Center provides other food-related services to the low-income population of Montgomery County, such as food stamp outreach and nutrition education.

“When hunger gets in, nothing else can”

- proverb



For more information, contact:

FOOD RESOURCE CENTER
610-277-6363 x122

Food Resource Center



Center

113 E. Main St.
Norristown, PA 19401
610-277-6363

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